

TRISKELES

2010 Food for Thought (FFT): Participation Guidelines

- At the beginning of the program, Food for Thought (FFT) participants will create and agree upon a shared behavioral “code” of conduct and a process by which violations of this code will be addressed. Students and staff members alike are expected to follow this code so that everyone involved with FFT will treat each other how they, themselves, wish to be treated – with consideration and respect.
- Everyone involved with FFT is expected to do all they can to maintain safety for themselves and others, including, but not limited to:
 - ✓ Wearing a seatbelt whenever riding in a vehicle and obeying the rules of the driver and/or FFT staff
 - ✓ Listening carefully to given directions and safety precautions during safety briefings, on the farms, during trips, or in any other situation
 - ✓ Staying hydrated and protected from the sun while outdoors
 - ✓ Alerting the FFT staff of any food, insect or other relevant allergy
 - ✓ Alerting the FFT staff of any medications taken or relevant medical conditions
 - ✓ Alerting the FFT staff of any situation, involving yourself or others, which you think is unsafe or inappropriate
- Parents and students are expected to notify a staff member by phone if the student will be absent because of illness or other unexpected event. Please let FFT know of any absences in advance, if possible.
- FFT participants are expected to arrive at the program with the appropriate clothing and materials for the day’s activities. Issued Food For Thought T-shirts are to be worn during the program.
- This program is about health. Students bring their own lunches, but no soda (or other drinks containing high fructose corn syrup), chips, or candy. We provide adequate healthy snacks and liquids.
- FFT wants to help the farmers we visit while at the same time providing a fun learning experience for all program participants. Students are expected to listen to directions and to be cooperative, hardworking, respectful and enthusiastic during all FFT programming to achieve that goal.
- Verbal and physical fighting, the possession of weapons, the use of obscenities or derogatory slurs, and the possession or use of alcohol, drugs or tobacco will not be tolerated under any circumstance during FFT and will be grounds for immediate dismissal from the program.
- Cell phones, iPods, and other personal electronic devices are not permitted during work and classroom sessions. They will be stored in a secure location and given out at lunch breaks. Texting and tweeting is a major distraction from the work of the program. Violation of this rule will result in confiscation of the device.

_____ (print youth’s name) and _____
(print parent/guardian’s name(s) have read and understand these guidelines. We recognize that following these guidelines will ensure a positive and safe experience for us and for everyone involved with Food for Thought.

Student’s Signature

Date

Parent/Guardian’s Signature

Date

Please give this form to your school’s coordinator, if applicable, or mail/fax to:

TRISKELES: Mark Birdsall, Director of Youth Programs

707 Eagleview Boulevard Suite 105, Exton, PA 19341

Phone: 610-321-9876 **Fax:** 610-321-0995 **Email:** mdbirdsall@triskeles.org **Website:** www.triskeles.org