

### ***Fresh Market Salsa***

3 medium fresh tomatoes	2 cloves garlic
1 small red onion	1 ½ T. chopped fresh basil
1 medium cucumber	1 T. vinegar
1-2 jalapeno peppers (optional)	½ T. lemon juice
small bunch cilantro, chopped	¼ t. salt or to taste

Dice vegetables and combine all ingredients in a bowl. Let stand 30 minutes and serve.

Cooking For Real with Yvonne & Denise (Triskeles Inc.'s Food for Thought Partners)  
Hands-on Cooking and Nutrition for all ages

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